



NORDIC TRACKS

Nelson Nordic Ski Club Newsletter

January 2010



8th ANNUAL VALENTINES NIGHT SKI

When: Sunday Feb. 14/10

Where: Apex Trailhead

Time: 6:00 PM– 9:00 PM

Cost: non-perishable food
item to be donated to the
Nelson Food Cupboard

Apex trail lit with tiki torches.

Bon – fire

Entertainment: TBA

*Lots of sweets and hot apple cider.
We could sure use donations of baked
goods. If you are able to donate please
confirm with the trail attendant or call
(250) 354-4299 and leave a message.*

**Fun for the whole family –
don't forget to car pool and
wear red!**

*Please try to remember to bring your
own mug!!!!*

Race for Haiti

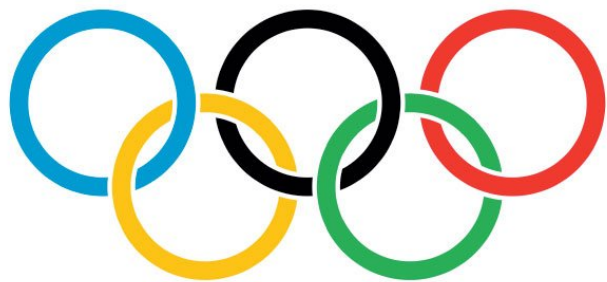
*My name is Keiran Marchand and I am a
member of the Nelson Nordic Track
Attack Team. I am going to tell you about
the donation race held on Thursday
January 21. It was a small event with
about 28 people (10 were kids). You could
either race your friends or the clock. After
it was done, you would donate any
amounts. We raised \$358.25 and the
Nelson Nordic Ski Club added \$200.00
which made it \$558.25. All the money
will be donated to Haiti.*

TORCH RELAY CORPORATE GAMES

The Nelson Nordic Ski Club was responsible for organizing the Corporate Games on Saturday Jan. 23, the Torch Relay Day.

There were 3 games, Tandem Ski, Super Soaker/Water Balloon Biathlon and the Bob Sled/Go Cart race.

Most of the directors along with Lisa Butterworth, myself and two Club volunteers who stepped up to help us out put together a fun filled several hours. The Club entered a team to even up the entrants. The team consisted of Chris Mulvihill – President, Derek Marcoux – Director, Nils Anderson – Program Director and Richard Marchand – past President. It was well received by all who participated. This was great exposure for the Club.



There is still opportunity for volunteer fee collectors. If you are interested you could email ajpop@netidea.com or call 354-4299 and leave a message.



REMINDERS

The stairs at Apex can be slippery, especially when wearing your hard plastic ski boots. Please use caution.

The children's play area in the warming hut is there for everyone to enjoy, please be sure to clean up after use.

The waxing table inside the warming hut is there for everyone to use, unfortunately not all of you are cleaning up your wax when finished. When wax is left on the floors it makes them quite slippery, so please clean up after use.

Your photo ski passes are used from season to season. Next season we will just adhere a year sticker to it. If lost there is a \$5.00 replacement fee.

Your seasons membership does not allow you to park at Apex and go to Whitewater.

The warming hut lights are being left on in the evenings. We will be putting a timer on these lights to decrease the waste of electricity, along with sensor lights at the two entrances.

EQUIPMENT

The PB 160 has been operating great. This is the machine that had mechanical improvements over last fall.

The snowmobile and Ginzu is a great asset with the snow conditions this season. There are several new volunteer sled groomers, some of which are waiting for more snow to improve their training.

I HOPE YOU ARE ALL DOING YOUR SNOW DANCE !!!!

SNOWPHONE
250-354-4292

The Nelson Nordic Ski Club is a non-profit organization. We work very hard to maintain affordable membership costs and trail use fees. If you choose to share your membership card with other people the NNSC can revoke your pass. There are still a lot of skiers that use our trails without paying, and are often accompanied by members, something that baffles me. It seems each season we are dealing with increasing operational costs, so all the more reason to encourage non-members to pay to use our trails.

Nelson Track Attack

Sprint Series Time Trials

Thursday January 28th, /10 615pm- classic sprints
Thursday February 4th, /10 615pm- skate sprints

Time trial course will be announced at start.

Time trial cost is \$2/person.

All proceeds will go to the Track Attack Team and their wax box. Race the clock or race your friends!

Nelson Nordic Race

February 7th, 2010

Kootenay Cup #5

10:00am Sunday February 7th

Free Technique

Race Location: Apex Lodge at the Nelson Nordic Ski Trails

For more information go to:

<http://www.nelsonnordicski.ca/>, or e-mail klpoole@shaw.ca

Rules: CCC Rules and Regulations

Information: Chief of Race: Nils Anderson
nils@nelsonnordicski.ca, 250-354-8595

Competition Secretary: Louise Poole
klpoole@shaw.ca, 250-825-9202

Race Entry Forms: Each competitor must fill out and sign a Race Entry Form and an Event Participant Waiver Form.

Registration: Enter using the following options: By internet- Zone4 (www.zone4.ca) (preferred)

Deadline: 8:00pm Saturday February 6th for online registration. On location at the warming hut at the Apex Trails (across from the Whitewater Ski Hill Rd.) 8:30am - 9:00am, Sunday February 7, 2010.
Day of race entries please add \$10.00 per person.

Payment on Race Day: Payment by cash or cheque only. No credit cards. Please make cheque payable to:
Nelson Nordic Ski Club

Start List and Bib Pick Up: Start List will be posted shortly after registration closes at the Warming Hut. Bib pick up at the same location on the day of the race, 45 minutes before start time.

Awards/Ceremony: At the Warming Hut following the race on February 7th, 2010.

Facilities: At the trailhead there is a warming cabin and first aid kit at the race site. Outhouse is located at the Warming Hut. Snacks will be provided by our volunteers following the race. Water stations are located at the finish line. Limited waxing facilities are available at the race site.

Course: The Race Course at Nelson Nordic will be set for training on Saturday.

www.nelsonnordicski.ca

The Nelson Nordic Ski Club will be putting forward an application to Job Opportunities Program (JOP) to secure funds to expand our current ski trails and facilities under our recreation tenure (REC32137). This application will be under the "Recreation site and trail maintenance on existing trails" JOP category. As a member of the club, you have the opportunity to comment and share your concerns on the proposal.

We will be seeking funding to undertake work as follow:

- 1. building an additional 7.2 km of cross country ski trails involving 3 new bridges***
- 2. building 20.2 km of year round recreation trails (hiking/biking in the summer and snowshoe in the winter) involving 6 new bridges***
- 3. maintaining our cross country ski trails by grooming, pruning, daylighting, brushing***
- 4. building and maintaining shelters, outhouse***
- 5. building portable structures for use at competitions***

Feel free to contact me for additional information. Thank you.

Richard Marchand RPF

NNSC Project Manager

Email: osprey44@shaw.ca