

Parents/coaches:

The Nelson Nordic Ski Club is hosting two coaching courses this year.

If you are interested in coaching, improving your own skills, helping/sharing a coaching class or substituting please come out and join the fun!! Please confirm your registration by sending an email to me at quamme@telus.net with your name and phone number.

Hope to see you there! Darcie Quamme, Jackrabbits coordinator

Nov 17--Introduction to Community Coaching (ICC) Workshop (10 hrs). This program is directed at coaches working with novice skiers and specifically children under six years of age (Active Start stage of athlete development). This is a classroom workshop but is required before taking the CC Workshop below. Course time: 8am-6pm Classroom location in Nelson to be announced .

Dec 7-9 --Community Coaching (CC) Workshop (16 hrs). This program is directed at coaches working with children six to nine years of age (FUNDamentals stage of athlete development). This workshop is primarily on snow and involves how to teach technique, skills, games and more. Course time: Dec 7 6-9pm, Dec 8 8am-4pm, Dec 9 8am-2pm. Location is the Nelson Nordic Ski Area plus a classroom location to be announced

The Nelson Nordic Ski Club has received funding from SportsFunder (see below) to cover a portion the club's costs(\$75 per person per course) for the Dec 7-9Community Coaching Workshop (on snow component). As a result I need to confirm who will be taking the dryland Introduction to Community Coaching Workshop (ICC) and the on snow Community Coaching Workshops (CC). Please confirm your registration by sending an email to me at quamme@telus.net with your name and phone number.

